

**Biofeedback, Mental Health Counseling & Creative Arts Therapy, PLLC**

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**Today's Date:** \_\_\_\_\_

**IDENTIFYING INFORMATION**

Child's Name: \_\_\_\_\_ Sex: (M)\_\_\_\_ (F) \_\_\_\_\_

DOB: \_\_\_\_\_ Hospital/City/State \_\_\_\_\_ Grade in school: \_\_\_\_\_ Age: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Natural parent: \_\_\_\_\_

Relative: \_\_\_\_\_

Step Parent: \_\_\_\_\_

Adoptive Parent: \_\_\_\_\_

Father's Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Natural parent: \_\_\_\_\_

Relative: \_\_\_\_\_

Step Parent: \_\_\_\_\_

Adoptive Parent: \_\_\_\_\_

Address (Number and Street): \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Telephone: \_\_\_\_\_ Mom Work: \_\_\_\_\_ Dad Work: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Emergency Contact/Relation: \_\_\_\_\_ Emergency Phone #: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Insurance Provider: \_\_\_\_\_

***Please provide Insurance card to front office***

Social Security Number: \_\_\_\_\_ Referred By: \_\_\_\_\_

For what are you seeking help with today? \_\_\_\_\_

\_\_\_\_\_

Presenting Problems (check all that apply):

Temper outbursts

Impulsive

Shy

Other (explain):

Withdrawn

Stubborn

Strange behavior

Daydreaming

Disobedient

Stealing

Fearful

Infantile

Lying

Clumsy

Mean to others

School trouble

Overactive

Destructive

Bowel/bladder control

Short attention span

Bed wetting

Feeding/Eating problems

Distractible

Self mutilating

Sleeping problems

Peer conflict

Head banging

Drug/Alcohol use

Phobic

Rocking

Sickly

## **Biofeedback, Mental Health Counseling & Creative Arts Therapy, PLLC**

### **MEDICAL HISTORY**

Has the child ever been hospitalized for illness, physical ailments, emotional problems etc? Y \_\_\_ N \_\_\_

If yes, please explain where, when, and what for? \_\_\_\_\_

\_\_\_\_\_.

Has the child ever taken, or is he/she currently taking any medications? Y \_\_\_ N \_\_\_

If yes, please list medication name and frequency of dosage \_\_\_\_\_

\_\_\_\_\_.

Does the child have any allergies that you are aware of (i.e. latex, peanut, soy, etc.)? \_\_\_\_\_

\_\_\_\_\_.

Describe your child's eating and drinking habits and what he/she eats & drinks:

\_\_\_\_\_

Describe your child's bedtime routine including bedtime and sleeping arrangements: \_\_\_\_\_

\_\_\_\_\_

Name and address of primary care Physician \_\_\_\_\_

\_\_\_\_\_.

### **LIVING ARRANGEMENTS**

Number of moves in child's life \_\_\_\_\_ Ever placed, boarded, or lived away from family? Y \_\_\_ N \_\_\_

Explain: \_\_\_\_\_

Present home: Renting \_\_\_\_\_ Buying \_\_\_\_\_ House \_\_\_\_\_ Apartment \_\_\_\_\_

List all members of your household presently and indicate their relation to the patient: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_.

Are you interested in counseling services for yourself or any of your family members? Y \_\_\_ N \_\_\_

### **DEVELOPMENTAL HISTORY**

Did mother have any illness or complications before delivery? Y \_\_\_ N \_\_\_ If yes, please explain

\_\_\_\_\_

\_\_\_\_\_.

Did mother abuse alcohol or drugs during pregnancy? Y \_\_\_ N \_\_\_

Length of pregnancy: \_\_\_\_\_ Full Term? Y \_\_\_ N \_\_\_ Birth Weight \_\_\_ lbs \_\_\_ oz

Complications at birth? (Explain) \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_.

As far as you know, did your child meet developmental milestones at an appropriate age (i.e. rolling, sitting up, babbling, and eating)? Y \_\_\_ N \_\_\_

\_\_\_\_\_  
 \_\_\_\_\_.

### **EDUCATIONAL HISTORY**

Name of School/Daycare \_\_\_\_\_

Types of classes: \_\_\_ Regular \_\_\_ Inclusion \_\_\_ ESE \_\_\_ EDB (Emotionally Disturbed Behavior)  
 \_\_\_ Other (explain): \_\_\_\_\_

Does the child receive special services at school? Y \_\_\_ N \_\_\_ If yes, which services and what is the frequency/duration of each?

\_\_\_ Occupational Therapy \_\_\_ / week for \_\_\_ minute sessions

\_\_\_ Physical Therapy \_\_\_ / week for \_\_\_ minute sessions

\_\_\_ Speech Therapy \_\_\_ / week for \_\_\_ minute sessions

\_\_\_ Counseling \_\_\_ / week for \_\_\_ minute sessions

### **SOCIAL HISTORY**

Does the child attend extracurricular activities? \_\_\_\_\_  
 \_\_\_\_\_.

In school, how many friends does the child have? \_\_\_\_\_  
 \_\_\_\_\_.

\_\_\_\_\_/\_\_\_\_\_  
 Name of person completing information/relationship to child Date

### **Other information you think would help me to better understand your child and your family:**

(please use other side if more space is needed) Thank you.

## EYBERG CHILD BEHAVIOR INVENTORY

Child's Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Child's Age: \_\_\_\_\_  
 Rater's Name: \_\_\_\_\_ Date of Rating: \_\_\_\_\_  
 Relationship to Child: \_\_\_\_\_

### *Directions:*

Below is a series of phrases that describe a child's behavior. Please:

(1) circle the number describing how often the behavior occurs with your child and

(2) circle either "yes" or "no" to indicate whether the behavior is currently a problem.

(1)-Never (2)-Almost Never (3)-Seldom (4)-Sometimes (5)-Often (6)-Almost Always (7)-Always  
 Is this a Problem Now? (Y/N)

1. Dawdles in getting dressed	1	2	3	4	5	6	7	Yes	No
2. Dawdles or lingers at mealtime	1	2	3	4	5	6	7	Yes	No
3. Has Poor table manners	1	2	3	4	5	6	7	Yes	No
4. Refuses to eat food presented	1	2	3	4	5	6	7	Yes	No
5. Refuses to do chores when asked	1	2	3	4	5	6	7	Yes	No
6. Slow in getting ready for bed	1	2	3	4	5	6	7	Yes	No
7. Refuses to go to bed on time	1	2	3	4	5	6	7	Yes	No
8. Does not obey house rules on his own	1	2	3	4	5	6	7	Yes	No
9. Refuses to obey until threatened w/ punishment	1	2	3	4	5	6	7	Yes	No
10. Acts defiant when told to do something	1	2	3	4	5	6	7	Yes	No
11. Argues with parents about rules	1	2	3	4	5	6	7	Yes	No
12. Gets angry when doesn't get own way	1	2	3	4	5	6	7	Yes	No
13. Has temper tantrums	1	2	3	4	5	6	7	Yes	No
14. Sasses adults	1	2	3	4	5	6	7	Yes	No
15. Whines	1	2	3	4	5	6	7	Yes	No
16. Cries easily	1	2	3	4	5	6	7	Yes	No
17. Yells or screams	1	2	3	4	5	6	7	Yes	No
18. Hits parents	1	2	3	4	5	6	7	Yes	No
19. Destroys toys or other objects	1	2	3	4	5	6	7	Yes	No
20. Is careless with toys and other objects	1	2	3	4	5	6	7	Yes	No
21. Steals	1	2	3	4	5	6	7	Yes	No
22. Lies	1	2	3	4	5	6	7	Yes	No
23. Teases or provokes other children	1	2	3	4	5	6	7	Yes	No
24. Verbally fights with friends his own age	1	2	3	4	5	6	7	Yes	No
25. Verbally fights with brothers and sisters	1	2	3	4	5	6	7	Yes	No
26. Physically fights with friends	1	2	3	4	5	6	7	Yes	No
27. Physically fights with brothers and sisters	1	2	3	4	5	6	7	Yes	No
28. Constantly seeks attention	1	2	3	4	5	6	7	Yes	No
29. Interrupts	1	2	3	4	5	6	7	Yes	No
30. Is easily distracted	1	2	3	4	5	6	7	Yes	No
31. Has short attention span	1	2	3	4	5	6	7	Yes	No
32. Fails to finish tasks or projects	1	2	3	4	5	6	7	Yes	No
33. Has difficulty entertaining himself alone	1	2	3	4	5	6	7	Yes	No
34. Has difficulty concentrating on one thing	1	2	3	4	5	6	7	Yes	No
35. Is overactive or restless	1	2	3	4	5	6	7	Yes	No
36. Wets the bed	1	2	3	4	5	6	7	Yes	No

**Biofeedback, Mental Health Counseling & Creative Arts Therapy, PLLC**  
**RELEASE OF INFORMATION**

You may consent for personal information contained within your clinical record held by **Biofeedback, Mental Health Counseling & Creative Arts Therapy, PLLC** to be disclosed to the persons and/or agencies identified below for the following reasons:

- Planning and monitoring appropriate treatment.
- Case review and consultation with your physician and/or health care providers.
- Support and/or Involvement of family member(s) or significant other in treatment.
- Information that is required to file a claim with your insurance company or managed care company.

Your signature indicates that you authorize Susan Antelis to release/receive information to the parties named below. You may revoke this consent at any time by providing written notice. Please refer to the HIPAA guidelines for additional privacy information.

1. Name of the person *who referred you* for services: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Phone: \_\_\_\_\_

2. Name of primary *physician* (if different from above): \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Phone: \_\_\_\_\_

3. Any other parties (*i.e. attorney, employer, community agency*) that you authorize Susan Antelis to give/receive information regarding your treatment:

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

4. *Family member(s)/significant other* who may participate in your therapy. Please indicate relationship to client.

\_\_\_\_\_  
 \_\_\_\_\_

Print Client's Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Client's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witnessed By: \_\_\_\_\_ Date: \_\_\_\_\_